

Panua Partners in Hope
2nd Annual Panua 5K Walk/Run & Kids' Fun Run
October 21, 2017, 7:30am * Harbor Park, Lake Baldwin, Orlando, FL
For complete race information, visit panua.org/panua5K



ABOUT RACE

Benefitting Panua Partners in Hope, which educates and empowers orphaned and vulnerable youth and children in Kenya. Help young people on the other side of the world have a future. Celebrate Panua with food, live music and post-race awards.

RACE SCHEDULE

5k -7:30am, Awards Presentation – 8::30am, Kids' Run – 9:00am

LOCATION, DIRECTIONS & PARKING

Lake Baldwin – Harbor Park, 4982 New Broad Street, Orlando, FL 32814

PRICING

5K (ages 18-64)	5K (17 & under or 65 & over)	Kids' Run
May 15-31 \$25	\$15	Free (must register, T-shirt available for purchase below)
June 1-Sep 30 \$30	\$20	
Oct. 1-20 \$35	\$25	
Race Day \$40	\$40	

PACKET PICK-UP

Thursday, Oct. 19, 2017 AND Friday, Oct. 20, 2017, 11:00am-1:00pm AND 4:00-7:00pm
 First United Methodist Church Winter Park, 125 N. Interlachen Ave. Winter Park, FL 32789, Fellowship Hall
 Race day registration and packet pick-up opens at 6:00 a.m. and will be located by the fountain.

AWARDS

Top five males and top five females will receive awards. Top three boys 13 and under and top three girls 13 and under will receive awards. Members of the largest team will receive a small prize. Kids' Run participants will each receive a prize.

KIDS' RUN

Distances will range from 50 yards to 400 yards. Children will be placed in age groups. Prize to all finishers.

Last Name _____ First Name _____

Address (Street) _____ Team Name (if applicable) _____

City _____ State _____ ZIP _____

Gender: M _____ F _____ Event: 5K _____ Kids' Fun Run _____

Date of Birth ____/____/____ Age on Race Day _____

Phone: _____ Email: _____

Shirt Size (**Adult**): S ___ M ___ L ___ XL ___ XXL ___ (**Youth**) S ___ M ___ L ___

Method of Payment (no cash, please): Check _____ Credit Card _____

Card # _____ Exp. _____ CVV _____ Billing Zip Code _____

Waiver: In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, Panua 5K, 5K Race Director, Flaco Sports LLC, Run 4 a Cause Foundation, First United Methodist Church Winter Park, Panua Partners In Hope, RunSignUp.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

Make checks payable to FUMCWP.
 Return completed form and payment to First United Methodist Church Winter Park, 125 N. Interlachen Ave., Winter Park, FL 32789.

Signature (if under 18, parent signature required)

Date

Race Fee: \$ _____ Kids' Run T-shirt \$5/each: \$ _____ Additional donation to Panua (optional): \$ _____	Total Amount Enclosed \$ _____
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Official Use only: Credit card run thru square _____ Last four digits on card: _____